As you read, look for:
• the role of archaeology in the story of prehistoric cultures,
• the importance of the Poverty Point site, and
• vocabulary terms archaeologist, midden, nomad, atlatl, mound, artifacts, agriculture, and temple mounds.

Although the first people did not leave written records of their culture, they left hints about their lives. Clues are found at places where they prepared food, made tools, built shelters, and conducted ceremonies. These discoveries are interpreted by archaeologists (scientists who study the items left behind by ancient peoples).
Archaeologists even dig through ancient garbage dumps, called middens. Their findings explain who left the items, when they were left, and what happened at those locations. Scientists have studied sites that existed thousands of years before any European set foot in Louisiana. They determine the age of materials found at a site by using radiocarbon dating.

The work of archaeologists is like doing a jigsaw puzzle with many pieces missing. They use the information they can gather to try to determine the whole picture. Sometimes when they find another piece of the puzzle, they change their conclusions about what they are seeing. Some archaeologists have a new theory that early people may have come to North America by boat. They base this theory on discoveries at a site on an island off the coast of California. Tools dated to be about 8,000 years old closely resemble tools used for boatbuilding by Indians in the twentieth century.

Archaeologists have separated Louisiana prehistory into four stages. Those time periods are divided by changes in movement, weapons and tools, food, and religious practices. Changes happened very gradually, and these four periods are just useful ways to organize prehistory.

**Paleo Indians**

The oldest known Indians in Louisiana date to the Paleo Indian period. (The word *paleo* means “ancient.”) Scientists believe these first people came to North America from Asia on a land bridge that connected what is now Alaska and Siberia. The estimated date for this migration is about 10,000 B.C.

The Paleo Indians traveled in small groups and followed the animals that provided food and clothing. They traveled east and south, gradually spreading over the North American and South American continents.
When these **nomads** (wanderers) reached Louisiana, they found a good hunting area with a dependable source of food. They ate a wide range of animals and plants. Small groups of people hunted game using three-inch stone points attached to wooden poles—spears. The hunters used the primitive spears to kill prehistoric elephants, called mastodons. These spear points have been found throughout Louisiana—on ridges and hills, at salt domes, and other places. The stone used for the spear points probably came from Arkansas or Texas.

Stone points give us clues about how these people lived. The points would have been used for hunting. The Paleo people probably made clothing from animal skins and lived in temporary shelters. They would have moved around to find the animals they hunted.

**Meso Indians**

After about 7500 B.C., the climate changed and some large animals like mastodons began to die out. The Indians hunted smaller animals like deer and rabbit and no longer followed the migrating herds. This lifestyle change signals a new prehistoric period—the **Meso Indians**. These people were still nomadic, but they stayed in one place longer.

Using stone-tipped weapons above, Paleo Indians killed mammoth and other large animals (top). These large hairy elephants were native to the New World until about 6000 B.C.
Above: This campsite was typical of the Meso Indians, who relied on gathering natural food and hunting smaller animals after the large game died out.

These Indians ate a wider range of foods. The natural environment provided many species of birds, mammals, fish, clams, reptiles, seeds, roots, nuts, and fruits. The people gathered hickory nuts, pecans, acorns, persimmons, huckleberries, and elderberries. They hunted deer, rabbits, raccoons, and squirrels.

The Meso Indians adapted their hunting weapons for smaller game. For example, they added a throwing stick with weights, called the atlatl (at LAT l), to their spears. The weights were made of clay, stone, or shell. These improvements helped hunters throw their spears farther with more power. For this kind of hunting, the spear points were more varied in size and shape and were made from local stone.

Because they did not move around as much, the Meso Indians built more permanent houses. Their structures were covered with branches or thatch and built on posts in the ground. Near these houses, the Meso Indians also built mounds. The first mounds may have been built as early as 5000 B.C., and those in Louisiana existed by 3000 B.C. These early mounds were probably used during special ceremonies, but they were not used for burials.

The Meso Indians left behind many different kinds of artifacts (objects they made and used). Archaeologists study the artifacts to learn how earlier people...
Above: This pot is dated during the Early Neo period.
Below: The expansion of farming allowed more stable settlements for the Neo Indians. They were then able to build more permanent shelter.

**Lagniappe**

The early Neo Indians rolled coils of clay into a shape and then smoothed them to form a container. Often they pressed fingernails, twigs, or tools into the surface or rocked a small tool across the wet clay to create designs. After decorating the pots, they fired them by slow baking.

Early Neo Indians

Learning to make pottery marks a big change in the lives of early Indians. Evidence of pottery-making marks the next prehistoric period. Louisiana Indian pottery was first made around 1000 B.C. Some pottery was plain, and other pottery was decorated with careful artistic designs. Archaeologists have found large amounts of shards (broken pieces of pottery) at sites dated to this period.

lived. These artifacts included shaped and polished stones for bowls and jewelry. They also made baskets, bone needles, fish hooks, beads, hairpins, tortoise shell rattles, and shell ornaments. Their improved tools included stone axes for chopping down trees and awls for making holes in wood or leather.
The Poverty Point site, built by the Neo Indians, is that culture’s largest earthworks. The large complex of mounds covers more than a square mile, about 400 acres. Viewing it from the air is the only way to see the entire structure at once.

The huge design consists of six semicircular ridges, one inside the other, divided by four aisles. For this amazing creation, workers mounded 30 million loads of dirt. Scientists believe that each load weighed about 50 pounds and was carried to the site in baskets or animal hides.

The purpose of this tremendous human effort remains a mystery. A recent theory suggests the aisles may have been used for astronomical observations. Two of the aisles line up with the winter and summer solstice sunsets.

The Poverty Point people undoubtedly gathered there for ceremonies and celebrations. Artisans (skilled crafts persons) and traders probably lived at Poverty Point throughout the year. Artifacts include trade goods from as far away as the Great Lakes region and the Appalachian Mountains.

Although this society is dated during the Neo Indian period, the Poverty Point Indians continued the traditions of the Meso Indians. They used spears with atlatls instead of bows and arrows; pottery had not yet replaced their carved sandstone and soapstone containers. The most commonly found objects—clay cooking balls—lined the cooking pits.

Later, the Poverty Point Indians made pottery vessels and ornamental clay and stone figurines. They made beads from copper, clay, and exotic stones.

Right: The largest mound at Poverty Point is believed to have been in the shape of a flying bird, with a main ramp up the tail and side ramps up each wing. The mound stands at the apex of the system of semicircular ridges (see photo opposite page, above).
and crafted elaborate pendants in the shape of birds, insects, miniature tools, and geometric shapes. Other artifacts included bolas, weapons weighted by teardrop-shaped stones called plummets.

The Poverty Point culture had disappeared by 600 B.C., and no evidence has been found to explain why. War and conflict usually leave signs as clues for later generations. Those who study Poverty Point must look for other reasons to explain its end. One theory suggests a change in the religious beliefs. Visit the Poverty Point site and form your own opinion.
During the early Neo Indian period, people built villages and lived there seasonally, relying on the food available in the area. The development of the bow and arrow around 500 A.D. made hunting deer easier. The bow was made of a bent branch, such as hickory, with deer tendons to draw the arrow. The arrow shaft was made of local wood, and a stone point completed the arrow.

Mainstays of the early Neo menu were wild grapes, palmetto, fruits, pigweed, and amaranth. Amaranth...
was a seed-bearing plant that is now considered a weed. Fish, deer, and shellfish added more variety to their diet.

The early Neo Indians made more elaborate ornaments than people from earlier time periods, and they traded for many items. They had copper ear spools and bracelets, beads, animal tooth pendants, pottery pipes, and figurines. These artifacts, along with other status symbols like marine and freshwater shells, were often buried with their dead in mounds.

**Late Neo Indians**

The late Neo Indian period refers to the time from about 800 A.D. until the Europeans arrived in the area. During this time, villages were larger and were located near waterways, which the Indians used for travel and as a source of food. People built more permanent houses of *wattle and daub*, woven sticks covered with mud.

The late Neo Indians switched from gathering to *agriculture* (farming). By this time, they may have lived in one place year-round, so they could plant and harvest crops. Maize (corn), beans, squash, and pumpkins were their main crops. They grew those crops using a method called *intercropping*. This involved planting two or more crops with different harvest times in the same plot of land. The beans and pumpkins could sprout, grow, and bear vegetables and fruit in less time than it took the corn to mature.

During this late prehistoric period, the Indians built temples atop their mounds. These *temple mounds* were used for religious ceremonies. An open plaza between two or more mounds served as the ceremonial ground. At the Medora site in West Baton Rouge Parish, for example, there was a 400-foot plaza located between two mounds.

**Check for Understanding**

1. What kinds of places provide clues about the lives of ancient people?
2. Why did the Paleo Indians follow the movement of animals?
3. What are some artifacts left behind by the Meso Indians?
4. Why was the development of the bow and arrow so important?
5. What was the purpose of temple mounds?